

## Juniper Level Baptist Church Alliance's

# Rosenwald School

9109 Sauls Road A History of Community Provision









### Partnering with Organizations to Bring HELP Closer to Home

### **March-April Programming**



### Youth

Tutoring K –12th grade Monday—Thursday

3:00 to 7:00 PM

Juniper Level Missionary Baptist Church (JLMBC) and their Rosenwald School offers in-person and virtual tutoring, counseling through Alliance Health, ESL programs, and transportation services.



YM4C

Tuesdays, March -April

5:30 to 7:00 PM

Interactive, character-based impact sessions that promote a growth mindset, social awareness, and compassion towards others.



**Get Happy** 

Wednesdays, March 9 & 23 April 6 & 20 5:30 to 7:00 PM

Strives to restore quality of life for people of color through health and wellness, innovative education, and community-driven engagement. Classes at JLMBC are designed to help youth participants heal, inspire, and encourage healthy lifestyle through music education and other hands-on activities.



4-H of Wake County

Wednesdays, March 30 April 13 & 27 5:30 to 7:00 PM

4-H offers a wide range of activities for students from incubator projects that explore the science of embryology to projects around animals, gardens and leadership.



RCNC's Straight Talk

Thurs, March 17, 24, & 31 April 7, 14, 21, & 28 6:00 to 7:00 PM

Youth Peer Support (13—18 years of age) group helps empower youth with coping skills for education, self-advocacy, independent living, and navigating challenges like peer pressure and other tough topics in their world.



SAFEchild's — Circle of Security<sup>TM</sup> Parenting Final Class Monday, March 28th

6:30 to 8:00 PM

For information about other SAFEchild programs, visit their website at: https://safechildnc.org/find-a-program/

### **Contacts for Registration:**

Bonita Mayberry at 919-621-2730; Jeanette Sanders at 919-457-7137, and Virginia Wall at 919-810-0907.



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9104 Sauls Road; Raleigh, NC 27603



### **Parents**

Family Resource Center — Introduction to Day 2 Day Dads

Saturday March 26th JLMBC Men's Bible Study 7:00 to 7:30 AM

Day 2 Day Dads works to improve employment and economic mobility opportunities; foster healthy relationships and strengthen child-family engagement among fathers.

### Parents & Youth

**WRAP** 

Mondays, April 4th — May 23rd

6:30 to 8:00 PM



The Wellness Recovery Action Plan (WRAP®) is a personalized wellness and recovery system born out of, and rooted in, the principle of self-determination. WRAP® is a wellness and recovery approach that helps people to: 1) decrease and prevent intrusive or troubling feelings and behaviors; 2) increase personal empowerment; 3) improve quality of life; and 4) achieve their own life goals and dreams. Additionally, it satisfies the 20 hours of related training required to complete Peer Certification in the State of North Carolina.

### **Recommended Community Resources & Partners**

# Family Resource Center South Atlantic — Teens Against Bullying Victims Assistance Service



Teens Against Bullying (TAB) is a teen-led program that focuses on the needs of youth victimized by bullying. Youth Victims are provided with resources and support as well as guidance and encouragement to become advocates against bullying. Our program recognizes youth who are targets of bullying as well as witnesses traumatized by bullying. Email <a href="mailto:tab@frcsa.org">tab@frcsa.org</a> to learn more.

#### **Teens Against Bullying Peer Leadership Application:**

(https://frcsa.org/teens-against-bullyingv2).

Join other youth advocates who have experienced bullying as victims or witnesses to make a difference. Peer Leader Youth Group meetings are the 1st and 3rd Saturdays of each month, at 11am, on Zoom, but also includes a once-a-month opportunity to help with the anti-bullying campaign and participate in other interactive activities. Questions? Email <u>tab@frcsa.org</u> or DM us on Instagram (@frctab) <u>docs.google.com</u>.





The Well Program is designed to empower the high school student community with opportunities for achievement, enrichment, and service enabling life long academic professional and personal success. The Well offers tutoring based on the student's schedule and by appointment only. Register at wade.org/tutoring

WELL's post-secondary prep program for juniors and seniors is LEAP (Life Expectations and Planning). LEAP classes are once per month and may include assistance with FAFSA applications. Register at <a href="wade.org/leap">wade.org/leap</a>

For more information and to register for Well's ACT/SAT Boot Camps visit: <u>wade.org/act-sat-prep</u>. Be sure to sign up for the Well's newsletter to stay informed about other programs and activities as well as helpful articles for both parents and students.



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# Community Resource Hub

JLMBC serves as a Community Resource Hub bringing education, health, community, and settlement services together in a familiar and welcoming environment. We hope our neighbors, both new and not-so-new, will find it helpful to have a centralized location for assistance and a network of family support closer to home.

### JLMBC Food Bank: 1st and 3rd Thursdays from 9:30 AM to 11:30 AM

JLMBC stewards the distribution of perishable and nonperishable grocery items to its neighbors residing in surrounding communities and across Wake County. The JLMBC Foodbank, and its volunteers, are committed to relieving hunger for families experiencing food insecurity and serves as a collection and distribution center in the southern region of the County. Food boxes are stocked with a two week supply of items. We emphasize the importance of healthy, nutritious foods. Donations are also accepted M-F from 9:00 AM to 5:00 PM or through the website.

### Fresh Produce Delivery: 3rd Monday of each month from 9:30 AM to 11:30 AM

Fresh produce is delivered to JLMBC once a month for distribution. Recipients are asked to follow the marked lanes for drive-thru service. Food will be placed in the vehicles trunk via a safe, contactless process.

### Vaccinations and Testing: Monday—Friday from 9:00 AM to 5:00 PM

JLMBC has partnered with Ottendorf Laboratories to provide services for COVID-19 drive-thru testing and vaccinations. We offer Moderna, Pfizer, and Johnson & Johnson vaccines. The service is open to the public and does not require insurance, an ID, or an appointment.

### Meals on Wheels Friendship Café for Seniors: Tues & Thurs, 11:00 AM to 12:00 PM (Rosenwald School; 9109 Sauls Road, Raleigh, NC 27603)

Through MOW, JLMBC now offers a Friendship Café for seniors. Presently, we offer grab and go lunches on Tuesdays and Thursdays. As COVID safety precautions ease, seniors will dine, socialize with friends, play games, and enjoy activities and experiences together at our Rosenwald School. Our Friendship Café will be a fresh twist on the congregant dining hall and will operate Monday through Friday (hours TBD).

### **Contacts for Additional Information:**

Bonita Mayberry at 919-621-2730; Jeanette Sanders at 919-457-7137, and Virginia Wall at 919-810-0907.