



Juniper Level Baptist Church Alliance's
Rosenwald School
9104 Sauls Road; Raleigh, NC 27603

Parents



Family Resource Center — Introduction to Day 2 Day Dads

Saturday March 26th JLMBC Men's Bible Study 7:00 to 7:30 AM

Day 2 Day Dads works to improve employment and economic mobility opportunities; foster healthy relationships and strengthen child- family engagement among fathers.

Parents & Youth

WRAP



Mondays, April 4th — May 23rd

6:30 to 8:00 PM

The Wellness Recovery Action Plan (WRAP®) is a personalized wellness and recovery system born out of, and rooted in, the principle of self-determination. WRAP® is a wellness and recovery approach that helps people to: 1) decrease and prevent intrusive or troubling feelings and behaviors; 2) increase personal empowerment; 3) improve quality of life; and 4) achieve their own life goals and dreams. Additionally, it satisfies the 20 hours of related training required to complete Peer Certification in the State of North Carolina.

Recommended Community Resources & Partners

Family Resource Center South Atlantic — Teens Against Bullying

Victims Assistance Service

Teens Against Bullying (TAB) is a teen-led program that focuses on the needs of youth victimized by bullying. Youth Victims are provided with resources and support as well as guidance and encouragement to become advocates against bullying. Our program recognizes youth who are targets of bullying as well as witnesses traumatized by bullying. Email tab@frcsa.org to learn more.



Teens Against Bullying Peer Leadership Application:

<https://frcsa.org/teens-against-bullyingv2>.

Join other youth advocates who have experienced bullying as victims or witnesses to make a difference. Peer Leader Youth Group meetings are the 1st and 3rd Saturdays of each month, at 11am, on Zoom, but also includes a once-a-month opportunity to help with the anti-bullying campaign and participate in other interactive activities. Questions? Email tab@frcsa.org or DM us on Instagram (@frctab) docs.google.com.

The Well Program



The Well Program is designed to empower the high school student community with opportunities for achievement, enrichment, and service enabling life long academic professional and personal success. The Well offers tutoring based on the student's schedule and by appointment only. Register at wade.org/tutoring

WELL's post-secondary prep program for juniors and seniors is LEAP (Life Expectations and Planning). LEAP classes are once per month and may include assistance with FAFSA applications. Register at wade.org/leap

For more information and to register for Well's ACT/SAT Boot Camps visit: wade.org/act-sat-prep. Be sure to sign up for the Well's newsletter to stay informed about other programs and activities as well as helpful articles for both parents and students.



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Community Resource Hub

JLMBC serves as a Community Resource Hub bringing education, health, community, and settlement services together in a familiar and welcoming environment. We hope our neighbors, both new and not-so-new, will find it helpful to have a centralized location for assistance and a network of family support closer to home.

JLMBC Food Bank: 1st and 3rd Thursdays from 9:30 AM to 11:30 AM

JLMBC stewards the distribution of perishable and nonperishable grocery items to its neighbors residing in surrounding communities and across Wake County. The JLMBC Foodbank, and its volunteers, are committed to relieving hunger for families experiencing food insecurity and serves as a collection and distribution center in the southern region of the County. Food boxes are stocked with a two week supply of items. We emphasize the importance of healthy, nutritious foods. Donations are also accepted M-F from 9:00 AM to 5:00 PM or through the [website](#).

Fresh Produce Delivery: 3rd Monday of each month from 9:30 AM to 11:30 AM

Fresh produce is delivered to JLMBC once a month for distribution. Recipients are asked to follow the marked lanes for drive-thru service. Food will be placed in the vehicles trunk via a safe, contactless process.

Vaccinations and Testing: Monday—Friday from 9:00 AM to 5:00 PM

JLMBC has partnered with Ottendorf Laboratories to provide services for COVID-19 drive-thru testing and vaccinations. We offer Moderna, Pfizer, and Johnson & Johnson vaccines. The service is open to the public and does not require insurance, an ID, or an appointment.

Meals on Wheels Friendship Café for Seniors: Tues & Thurs, 11:00 AM to 12:00 PM (Rosenwald School; 9109 Sauls Road, Raleigh, NC 27603)

Through MOW, JLMBC now offers a Friendship Café for seniors. Presently, we offer grab and go lunches on Tuesdays and Thursdays. As COVID safety precautions ease, seniors will dine, socialize with friends, play games, and enjoy activities and experiences together at our Rosenwald School. Our Friendship Café will be a fresh twist on the congregant dining hall and will operate Monday through Friday (hours TBD).

Contacts for Additional Information:

Bonita Mayberry at 919-621-2730; Jeanette Sanders at 919-457-7137, and Virginia Wall at 919-810-0907.

All classes and programs are held at the Rosenwald School at 9109 Sauls Road unless otherwise indicated in the program description.